

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Amilia Alcema -Regional Dir. Of Operations - Ext.513 Mariana Tangwa- Administrator – 202-399-7504 Jacob Nanjo-DON 202-399-7504 Ext. 595 Betty Bass- Grievance Officer & Social Service Dir. - 202-399-7504 Ext. 540 Barrington D. Scott-Therapeutic Activities Director-202-399-7504 Ext. 562 Earl Carter (Assistant Dir.)-Ext. 530 Albert Reed -Ombudsman – 202-434-2190		9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Exercise in room -All Rm- 10:00 Barbering Service-4fl fl. 11:00 Abstract Art - In room. 11:00 Family Calls-In room 2:30 Tuesday Popcorn Hour 2:30 60's Music listening-3N 4:45 Room Rounds-All Units 5:30 Current News-TV	9:10 Daily Chronicles & 1 to 1 Rm. Visits-2S,3S,4S,5S 10:30 Range of Motion-Rm 10:30 Did You Know? Trivia 2:30 HGTV- In room programming 2:30 Root-Beer Socials-Units 4:00 Beacon Paper distribution 4:45 Room Rounds-All Units 5:00 Evening News-TV Room	9:10 Daily Chronicle & 1 to 13 Rm Visits (magazine distribution) on 2S,3S,4S,5S 11:00 Family morning visits and calls. 2S,3S,4S,5S 2:30 Unit Snacks-2S,3S,4S 3:00 BIBLE STUDY-In rooms 4:45 Evening Rounds-All Units 5:00 Quiet Time Reading-All	9:10 Daily Chronicles & 1 to 1 Rm. Visits-2S,3S,4S,5S 10:30 Range of Motion-Rm 10:30 Did You Know? Trivia 2:30 Unit movie w social distancing. 1 per table 2:30 Ice Cream Cups-Rooms 4:00 Beacon Paper distribution 4:45 Room Rounds-All Units 5:00 Evening News-TV Room	9:00 Daily Chronicle & 1 to 1 Room visits. All floors 10:00 Danish or Fruit Cup -Unit 10:30 Nail Design -1 to 1 room 2:30 Movie Hour-In Rms. 3:00 Inspirational Message-All 4:45 Evening Rounds-All Units 5:00 Evening News Rm TV
9:00 Daily Chronicle & Rm Visits 10:30 Balloon Volleyball-3N,4S 10:30 1 to 1 Rm Visits -All Units 11:00 Sunday Church Service On WHUR Radio -2S,3S,4S,5S 2:00 Outside Air- Patio 2:30 Cookies & Punch - 4S 2:30 Nail Design & Painting-4S 4:00 Music Listen- 70's 2MPR 4:15 Room Rounds -All Units 5:30 Evening News – Room TV	9:10 Daily Chronicle & Rm Visits 10:00 Room Stretch-All Rms. 10:30 Trivia Questions-2S,3S 10:30 Soft Cookies – 2N 2:30 Hydration Distribution-Unit 2:30 Crossword Puzzle-2S,3S,4S,5S. 3:00 Bible Study Time: Rms 4:45 Evening Rounds-All Units 5:00 Quite Time Reading-Units/Rm	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Chair or Bed exercise-Rm 10:00 Barbering Services-4th fl 11:00 Abstract Art - In room. 11:00 Family Calls-In room 2:30 Tuesday Popcorn Hour 2:30 70's Music listening-3N 4:45 Room Rounds-All Units 5:30 Current News-TV	Resident Council w. Deanwood President 9:10 Daily Chronicles & 1 to 1 Rm. Visits-2S,3S,4S,5S 10:30 Range of Motion-Rm 2:30 HGTV- In room programming. 2S,3S,4S,5S 2:30 RC Meeting/Activ. Office 4:00 Beacon Paper distribution 5:00 Evening News-TV Room	9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Range of Motion-All Rms. 10:30 Adult Art Project-In rooms 12:00 Lunch in Room -All Units 2:30 Unit Rolling Snacks-4N 2:30 CROSSWORD PUZZEL-RM. 3:30 Hydration Cart & Rm Visits 4:00 Music listening. Rms-2S,3S,4S, 5S. 5:00 Evening News- Room TV	9:10 Daily Chronicle & Rm Visits 10:00 Sentimental Video-All 10:30 Trivia Questions-2S,3S,4S 10:30 Bible Study Materials 2:30 Traveling Snacks Rooms 2:30 Family Calls-In room 3:00 Bible Fact – Flyer to Rms. 4:00 Rm Magazine Distribution 4:45 Evening Rounds-2S,4S,5S 5:00 Evening News-Rm TV	9:10 Daily Chronicle & 1 to 1 Rm Visits (magazine distribution) All 10:00 Inspirational Message-All 10:00 Family morning calls-All 2:30 Unit Snacks-2S,3S,4S 3:00 HGTV-Room TV 4:45 Evening Rounds-All Units 5:00 Evening News-Rm TV
9:00 Daily Chronicle & Rm Visits 10:00 Palm for residents wants. 10:30 Balloon Volleyball-3N,4S 10:30 1 to 1 Rm Visits –All Units 11:00 Sunday Church Service on WHUR Radio -2S,3S,4S,5S 2:30 Nail Design & Painting -4S 2:30 Arts & Crafts on 4S 4:00 Music Listen- 70's 5South 5:30 Evening News – Room TV	FLAG DAY (USA) 9:10 Daily Chronicle & Rm Visits 10:00 Room Stretch-All Rms. 10:30 Outside Garden Air/Patio 2:30 Hydration Distribution-Rms 2:30 FLAG DAY - Red, White & Blue- Apple pie and Vanilla Ice-Cream Social-2S,3S,4S,5S 4:45 Evening Rounds-All Units 5:00 Quite Time Reading-Units/Rm <small>Flag Day (US)</small>	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Chair or Bed exercise-Rm 10:00 Barbering Services-4th fl 11:00 Abstract Art - In room. 11:00 Family Calls-In room 2:30 Tuesday Popcorn Hour 2:30 70's Music listening-3N 4:45 Room Rounds-All Units 5:30 Current News-TV	9:10 Daily Chronicles & 1 to 1 Rm. Visits-2S,3S,4S,5S 10:30 Range of Motion-Rm 10:30 Making Clovers-In room 10:30 Nail Design- 1 to 1 Room 2:30 Cookies & Cream Social 2:30 HGTV-In room programming 4:45 Room Rounds-All Units 5:00 Evening News-TV Room	9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:30 Family morning visits-All rms. 10:30 Adult Art Project-In rooms 12:00 Lunch in Room -All Units 2:30 Unit Rolling Snacks-4N 2:30 POETRY READING-Rooms 3:30 Hydration Cart & Rm Visits 4:00 Music listening Rooms-2S,3S,4S,5S 5:00 Evening News- Room TV	9:10 Daily Chronicles & 1 to 1 Rm. Visits-2S,3S,4S,5S 10:30 Range of Motion-Rm 10:30 Did You Know? Trivia 2:30 Unit movie w social distancing. 1 per table 2:30 Popcorn to rooms-All 4:00 Beacon Paper distribution 4:45 Room Rounds-All Units 5:00 Evening News-TV Room	Juneteenth Celebration 9:10 Daily Chronicle & 1 to 1 Rm Visits 12:00 Juneteenth Special Meal 10:00 Family morning calls-All 2:30 Traveling ICE - CREAM Social-House Wide Celebration 4:45 Evening Rounds-All Units 5:00 Evening News - TV <small>Juneteenth</small>
FATHERS DAY 9:00 Daily Chronicle & Rm Visits 10:00 Palm for residents wants. 10:30 Balloon Volleyball-3N,4S 10:30 1 to 1 Rm Visits –All Units 11:00 FATHERS DAY special luncheon -Units Only 2:30 Cake & Punch Social-All Units 2:30 Arts & Crafts on 4S 4:00 Music Listen- 70's 5South 4:15 Room Rounds -All Units 5:30 Evening News – Room TV <small>Summer Begins Father's Day</small>	9:10 Daily Chronicle & Rm Visits 10:00 Room Stretch - All Rms. 10:30 Trivia Questions-2S,3S 10:30 Outside Garden Air/Patio 2:30 Hydration Distribution-Rms 2:30 Trivia Questions: All Rm. 3:00 Quite Time Reading-Rms. 4:45 Evening Rounds-All Units 5:00 Quite Time Reading-2S,3S,4S,5S	9:10 Daily Chronicles & 1 to 1 Rm. Visits -All Units 10:00 Chair or Bed exercise-Rm 10:00 Barbering Services-4th fl 11:00 Abstract Art - In room. 11:00 Family Calls-In room 2:30 Tuesday Popcorn Hour-Rm 2:30 70's Music listening-3N 4:45 Room Rounds-All Units 5:30 Current News-rms. 2S,3S	9:10 Daily Chronicles & 1 to 1 Rm. Visits-2S,3S,4S,5S 10:30 Range of Motion-Rm 10:30 Nail Design- 1 to 1 Room 2:30 HGTV- In room programming 2:30 Making Cards-In Rms. 4:00 Beacon Paper- Distribution 4:45 Room Rounds-All Units 5:00 Evening News-TV Room	9:10 Daily Chronicle & 1 to 1 Rm. Visits-All Units 10:00 Range of Motion-All Rms. 10:30 Family room visits & calls. 12:00 Lunch in Room -All Units 2:30 Unit Rolling Snacks-4N 2:30 CROSSWORD PUZZEL-RM. 3:30 Hydration Cart & Rm Visits 4:00 Music listening/Units w distancing 5:00 Evening News- Room TV	9:10 Daily Chronicle & Rm Visits 10:00 Sentimental Video-All 10:30 Trivia Questions-2S,3S,4S 10:30 Bible Study Materials 2:30 Traveling Snacks-Rooms 2:30 Family Calls-In room 3:00 Bible Fact – Flyer to Rms. 4:00 Rm Magazine Distribution 4:45 Evening Rounds-2S,4S,5S 5:00 Evening News-Rm TV	9:10 Daily Chronicle & 1 to 1 Rm Visits (magazine distribution) All 10:00 Inspirational Message-All 10:00 Family morning calls-All 2:30 Unit Snacks-2S,3S,4S,5S 3:00 HGTV – Room TV 4:45 Evening Rounds-All Units 5:00 Evening News-Rm TV
9:00 Daily Chronicle & Rm Visits 10:00 Palm for residents wants. 10:30 Balloon Volleyball-3N,4S 10:30 1 to 1 Rm Visits –All Units 2:30 80's Music Listening -UNITS 2:30 Cake & Punch Social-All Units 2:30 Outside Air- Patio 4:00 Music Listen- 70's 5South 4:15 Room Rounds -All Units 5:30 Evening News – Room TV	9:10 Daily Chronicle & Rm Visits 10:00 Room Stretch-All Rms. 10:30 Trivia Questions-2S,3S 10:30 Soft Cookies-3S,4S,5S 2:30 Trivia Questions: All floors 2:30 Hydration Distribution-Rms 3:00 Bible Study TIME Rm. 4:45 Evening Rounds-All Units 5:00 Quite Time Reading-Units/Rm	9:10 Daily Chronicles & to 1 Rm. Visits -All Units 10:00 Barbering Services-4th fl 11:00 Pin Pals Letter - In room. 11:00 Family Calls-In room 2:30 Popcorn & Movie-4S,4N 2:30 80's Music listening-3N 4:45 Room Rounds-All Units 5:30 Current News-TV 2S,3S,4S,5S.	9:10 Daily Chronicles & 1 to 1 Rm. Visits-2S,3S,4S,5S 10:30 Range of Motion-Rm 10:30 Nail Design- 1 to 1 Room 2:30 HGTV -In room programming. 2S,3S,4S,5S 2:30 Making Cards-In room 4:00 Trivia Questions distribution 4:45 Room Rounds-All Units 5:00 Evening News-TV Room	<div>MAIN ACTIVITIES CALENDAR</div> <div>June 2021</div> <div>Deanwood Rehabilitation & Wellness Center</div> <div>5000 Nannie Helen Burroughs Ave NE Washington DC 20019</div>		